



Pre-Operative Instructions

Thank you for choosing Midlands Orthopaedics Surgery Center for your surgery. Please read the following instructions carefully!

Please call the Surgery Center at 803-461-4755 or 803-256-4107 ext. 6506, three (3) weeks before your surgery for your pre-operative interview. You must speak with the interview nurse to review your medical history, as well as learn the time to arrive for surgery. It may be necessary for an anesthesiologist to see you for evaluation. We will let you know at the time of your interview if this will be necessary.

TO PREPARE FOR YOUR SURGERY:

- If you have a prescription for lab tests and/or EKG, please go to a local hospital out-patient lab, or a lab authorized by your insurance company, as soon as possible. If you have had an EKG within the last 6 months or lab work in the last 3 months we can accept those results, provided they are what is needed prior to surgery. Please inform the surgery interview staff where they were done and / or contact your physician requesting they fax the lab and EKG results to 461-4758.
- **Stop taking any aspirin products, vitamins and any herbal supplements 7 days before surgery.**

THE DAY OF SURGERY:

- **DO NOT EAT OR DRINK ANYTHING AFTER MIDNIGHT THE NIGHT BEFORE SURGERY.** This includes no chewing gum, mints or hard candy.
- **MY ARRIVAL TIME IS: _____ REPORT TO THE SURGERY CENTER ENTRANCE LOCATED ON 1930 BLANDING STREET AT THE TIME DESIGNATED BY THE STAFF.**
If you do not arrive on time, your surgery may be delayed or postponed to another day.
- Leave all valuables and jewelry at home. **Remove all body piercings.**
- Shower the morning of surgery. Wear comfortable, loose fitting clothing (a shirt with large sleeve if you're having hand or shoulder surgery, and shorts or loose pants if knee surgery).
- Do not wear make-up, fingernail polish, or hairpins. No artificial nails for hand surgery.
- If you wear contacts, leave them at home, and wear your glasses.
- You **must** have someone who can bring you to the Surgery Center, stay during your surgery, and drive you home when you are discharged.
- You will need to have someone stay with you for 24 hours (or possibly longer) after surgery.
- Discharge from the Surgery Center will depend on the type of anesthesia given. The length of stay will vary between individuals, and is determined by your surgeon and the anesthesiologist.

WE LOOK FORWARD TO SEEING YOU AND HOPE YOU HAVE A GOOD EXPERIENCE WITH US.

**PLEASE CALL THE SURGERY CENTER AT 803-461-4740
IF YOU HAVE QUESTIONS ABOUT YOUR SURGERY**