

MIDLANDS

orthopaedics, p.a.

THE PUDENDAL NERVE STUDY

What is a pudendal nerve study?

Your physician has requested that you have a pudendal nerve conduction study. A nerve study is an electronic test to determine if a nerve is healthy and may be done in many areas throughout the human body. The pudendal nerves are small but important nerves in the lower end of the spinal cord which control bowel and bladder function. There are no significant risks or side effects associated with the procedure; since there is no medication or anesthesia required, you will be able to drive or ride in a car immediately afterward.

Is there any special preparation?

No special preparation, such as bowel cleansing, is needed for this procedure. Please arrive 15 minutes prior to your appointment so that the necessary paperwork may be completed. Please inform us if you have an internal pace maker or automatic defibrillator.

How is it done?

A physician, with the help of an assistant or technologist, performs the study. Since there are two nerves (left and right), each side is evaluated. For our female patients, it is necessary to check the nerve vaginally, as well as rectally. The experience is very similar to a regular vaginal and rectal exam performed by a gynecologist. For our male patients, the exam is performed rectally. The test takes about 20 minutes to perform check-in to check-out.

Does it hurt?

Almost all patients tell us the discomfort associated with the procedure is minimal.

Where is the test done?

We are located within Midlands Orthopaedics, PA at 1910 Blanding Street. The office is located on the Gregg Street side of the Blanding Street office (between Taylor Street and Blanding Street). Please enter from Gregg Street.

When will the test results be ready and who gives them to me?

After the exam is completed, Dr. Redmond will review the results and discuss them with you. The referring physician will be given a copy of the report within 2 working days. Treatment is determined by the referring specialist unless he requests otherwise.

For additional information about this study, you may visit www.pudendal.info (the website, although informational, is not endorsed by or affiliated with Midlands Orthopaedics, PA)

If you have any questions at all, please call:

M. David Redmond, MD, and staff
803-256-4107, ext 6213