

Dr. Thomas Armsey II joins team at Midlands Orthopaedics

Addition of fellowship-trained former director of primary care sports medicine at USC brings depth, synergy to practice

(Columbia, S.C.) – Aug. 7, 2006 – Veteran sports medicine specialist Dr. Thomas Armsey II has joined the medical staff at Midlands Orthopaedics, P.A.

Dr. Armsey comes to Midlands Orthopaedics from the University of South Carolina School of Medicine, where he had been director of primary care sports medicine since 2003. In addition to serving athletes of all ages and levels, his practice focuses on pre-participation evaluation and management of acute and chronic musculoskeletal pain.

Dr. Armsey has degrees from Xavier University and Wright State University School of Medicine, both in Ohio, and completed a residency in Long Beach, Calif., and a fellowship in primary care sports medicine at the University of California, Los Angeles, Center for Health Sciences.

A married father of two daughters, his expertise ranges from assessing bone density and heart readiness (including through EKGs) before an athlete takes the field to treating heat exhaustion and other conditions and injuries that occur at practices and games.

Prior to coming to Columbia, he served as a team physician for football, basketball and non-revenue sports at UCLA (1995-1997) and the University of Kentucky (1997-2003). He also was founder and director of primary care sports medicine at the University of Kentucky College of Medicine from 1997 to 2003.

“My medical career has focused on helping athletes – from elite Division 1 football and basketball players to high school athletes to ‘weekend warriors’ – stay healthy and enjoy active lives on and off the field,” Dr. Armsey says. “Joining Midlands Orthopaedics provides me the opportunity to add a whole new dimension to that level of care.”

Bill Frew, CEO of Midlands Orthopaedics, says, “The addition of Dr. Armsey to our team will enable us to serve all patients more quickly and efficiently while not giving up any of the personal, intensively focused level of care provided to each person who entrusts their medical needs to us. He also adds substantial depth to the ability of this practice to deliver long-term management of lower back pain, for instance, and other chronic conditions that may not require surgery.

“Dr. Armsey also will be a proud addition to the Black and Blue Clinics we have long operated to provide top-shelf care in affordable, convenient fashion to our community’s high school athletes.”

Now celebrating its 25th year, Midlands Orthopaedics has 16 physicians leading a staff of more than 150 at its offices on Sunset Boulevard in West Columbia, Lake Murray Boulevard in Irmo and Blanding Street in Downtown Columbia. The Columbia location also features the practice’s new Ambulatory Surgery Center, a \$6 million facility that includes three completely digital operating rooms, two procedure rooms, six pre-operative bays and 12 post-operative recovery beds, as well as waiting and administrative areas.